

PROGRAMS & SERVICES

INDIVIDUAL THERAPY SERVICES

Our qualified therapists conduct evaluations and provide services for:

- Occupational Therapy
- Speech, Language, and Feeding Therapy

After an evaluation, if a client would benefit from our services, the therapist will collaborate with you to create a personalized treatment plan.

SPEECH & OT GROUP PROGRAMS

Say & Play (Ages 1-6+ years)

This group is run by an occupational therapist AND speech-language pathologist who collaborate to address individual goals within the context of the group. Children will develop expressive, receptive, and pragmatic (social) language while participating in play-based activities.

SPOT On (Ages 7-12 years)

This group is run by an OT and SLP who collaborate to address individual goals within the context of the group. Children will develop social and life skills to successfully engage in age-appropriate activities with their peers.

Teen Series (Ages 13+ years)

This community-based program is led by an OT and SLP who address social skills and life skills for teens. Topics are addressed in 6-week modules in hopes to carry out these newly learned skills into the community.

Saturday Social (Ages 5-7 years)

This is a group led by a skilled speech therapist that aims to promote expressive language, refine social language skills, increase executive functioning skills, and foster meaningful connections with peers in an engaging and supportive space.

IT WORKS: PREVOCAATIONAL TRAINING

In our group program led by OTs and SLPs, we help empower individuals to learn skills that allow them to work and live in the community with greater independence. Participants learn and practice skills in a more realistic environment with peers, which encourages greater generalization and provides them the opportunity to learn from one another.

INTENSIVE THERAPY PROGRAMS

Helping Hands

(offered in summer, fall, and winter)

Camp Helping Hands is a 4-week, intensive, group therapy program that provides constraint-induced movement therapy (CIMT) and bimanual training for clients with hemiplegia.

Leaps & Bounds (offered in summer)

Camp Leaps & Bounds is a 4-week, intensive, group therapy program for children and teens with autism spectrum disorder, sensory processing disorder, and other diagnoses.

Individual Intensity Program

This is a 4-week, intensive, individual therapy program that provides constraint-induced movement therapy (CIMT) and bimanual training for clients with hemiplegia. One client works with one therapist for up to 6 hours per day.

BIKE RIDING PROGRAM

This 6-week program is led by an occupational therapist and designed for children 5+ years and older who have had difficulty learning how to ride a 2-wheeler. Classes and skills focus on bike management, balance & coordination, pedaling & stopping, vision & perception, safety, and most importantly, riding with no training wheels!