

PREVOCATIONAL

IT Works! consists of a small group of young adults led by an occupational therapist and a speech-language pathologist. Group members explore and develop various skills necessary for job success. Participants apply these skills in the context of our various business ventures.

The program targets:

- **Soft skills:** general and transferrable skills necessary for successful employment
- **Hard skills:** job-specific skills taught in the context of real and simulated work settings

INDEPENDENT LIVING

IT Works! also targets the skills necessary for **independent living** including but not limited to:

- Cooking
- Cleaning
- Laundry/folding clothes
- Making the bed
- Navigating the community
- Reading recipes

Our facility offers a simulated apartment, washing machine and dryer, and full kitchen in order to target these skills in a realistic setting.

Contact us at:

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Visit our websites at:

www.intensivetherapeutics.org

www.soaperiororganix.org



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Check us out!

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INTENSIVE THERAPEUTICS

A 501(c)(3) non-profit, charitable organization

IT Works!

Prevocational and Independent Living Skills Training Program



The leading organization providing a collaborative therapeutic program for children and young adults with special needs

(973) 771-1582

WWW.INTENSIVETHERAPEUTICS.ORG

COLLABORATIVE THINKING

IT Works! is facilitated by an occupational therapist and speech-language pathologist. This interdisciplinary approach allows us to look at the young adult as a whole within the context of various prevocational and independent living settings.

We believe that real-life happens in a group which is why It Works! is offered within a small group setting. This allows participants to learn and practice skills in a more realistic environment with peers and encourages greater generalization of skills learned. This also provides participants the opportunity to learn from one another.

Participants are interviewed prior to the program to gather up-to-date information about individual goals. We use an assessment tool that helps establish and prioritize functional and relevant goals. Additional skills and goals are customized to fit the interests and skill set of each participant.



“My son who is currently 20 & diagnosed with autism has attended IT Works! summer program for 2 years. The program has helped him with independence and soft & hard work skills. It has helped instill confidence in him to achieve his goals & provide the tools to help him be successful. The staff is amazing: their energy and enthusiasm is remarkable! IT Works! has been the hidden gem that parents are looking for.” – B.R.



WE BELIEVE **ALL** CHILDREN CAN
REACH UNTHINKABLE GOALS
AND UNLOCK THEIR TRUE
POTENTIAL.

Check out some goals that have been achieved:

- Taking a coffee order
- Getting a job
- Preparing own meals
- Creating a resume
- Planning, preparing for, and hosting brunches, and various events
- Using transportation apps (Uber, Lyft, etc.)
- Sending/receiving emails
- Volunteering at the library

OUR FACILITY



Soaperior Organix is a company which sells organic soaps and lip balms. Through this business, participants learn vocational skills within the context of an operating business. This includes the skills necessary to obtain and maintain a job.

Our restaurant-sized kitchen, simulated apartment, and on-site house give us the opportunity to learn and practice various skills including but not limited to:

- Kitchen safety
- Reading and following a recipe
- Putting groceries away
- Cooking
- Cleaning
- Laundry/folding clothes
- Making a bed

Additionally, our kitchen functions as a simulated coffee shop where participants can learn and practice job-specific skills including taking coffee orders, making coffee, serving coffee, etc.

WE HELP EMPOWER INDIVIDUALS TO LEARN
SKILLS TO HELP THEM WORK AND LIVE IN
THE COMMUNITY WITH GREATER
INDEPENDENCE.