

CHOICES OF INTENSIVE THERAPY SERVICES

Intensive services are offered in winter and summer months

Tier 1: Occupational Therapy

Our base program/standard camp
6 hours per day
\$45 per hour

Tier 2: Two Therapy Services

OT + Speech **OR** OT + PT
Our base program plus ONE (1)
additional discipline. Minimum 5 hours
per week of additional discipline within
group setting.
\$55 per hour

Tier 3: All 3 Therapy Services

OT + Speech + PT
Base program plus speech **AND** PT.
Minimum 5 hours of **EACH** additional
discipline within the group setting.
\$65 per hour

A **customized schedule** is available based on your child's age and ability to tolerate therapy. For example, if your child is under the age of 3, we can create a program specifically for you. The cost of the program will be prorated based on your predetermined, customized schedule.

Add-On Options:

- Academic Instruction
- 24/7 Casting Program
- Individual Speech and PT

Contact us at:

Phone: (973) 771-1582
Email: info@intensivetherapeutics.org

Visit our website at:

www.intensivetherapeutics.org



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Check us out!

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INTENSIVE THERAPEUTICS

A 501(c)(3) non-profit, charitable organization

Helping Hands
CIMT & Bimanual Training Programs



The leading organization providing
a collaborative therapeutic
program for children and young
adults with special needs

(973) 771-1582

WWW.INTENSIVETHERAPEUTICS.ORG

At our Helping Hands programs we have had children with hemiplegia come from around the world. We run the program in a group, as a camp, so it can actually be a FUN experience. Kids seeing other kids with similar issues is often a unifying experience and can be more motivating to participate in therapeutic activities than individual therapy experiences. Wearing a **cast for 6 hours** a day isn't a battle because all of the other kids are doing it . . . it is just what you do.

The **program is staffed** as follows:

- Occupational Therapists
- Speech Therapists
- Physical Therapist
- Level 2 OT Interns
- Speech student externs
- 1st year OT students
- Volunteers

This level of staffing enables us to have a 2:1 ratio (2 children to each staff person). This ratio also lets us work on the child's *individual* goals within the context of the group. We do **NOT** utilize a cookie cutter approach. Every child's goals are specific to their level of functioning and ability.

Parents are interviewed prior to the program to gather up-to-date information about your child's goals. We use an assessment tool that helps establish and prioritize the child's functional goals, and truly creates a system for the parents to be involved in the process. We welcome information from other therapists, schools, doctors, etc. in order to maximize the therapeutic experience.

"Before Camp Helping Hands, my son felt misunderstood and he thought he was one of very few who were affected by hemiparesis due to stroke. "I can't believe there are so many of us mom," he said after his first day of camp. His participation in this camp was not only the most intensive and beneficial occupational therapy but it also helped him realize that he is not alone. He was surrounded by people who totally understood! Scott Matthews, his camp crew and families we met...a true blessing!!"
- M.C.



WE BELIEVE **ALL** CHILDREN CAN
REACH UNTHINKABLE GOALS
AND UNLOCK THEIR TRUE
POTENTIAL.

"We just finished 4 weeks of Camp Helping Hands it was by far the best in terms of constraint therapy. Thank you to everyone who helped my little guy reach his goals while making it fun! We are already looking forward to returning next summer!"
-S.D.

Helping Hands uses carefully designed activities to drive therapeutic gains. For parents who choose to combine disciplines, activities specifically designed to integrate 1, 2 or 3 therapy services will be built into the camp day. The exciting part of this unique integration of OT, PT and speech goals within a single activity allows a child a full-body, "real world" experience. For example, if balloon volleyball is the camp activity, OT, PT and speech goals can all be met through the strategic emphasis and sequencing of jumping, running, hitting a balloon back and forth, as well as verbal communication with peers. Therapists will seamlessly collaborate to create these ideal therapeutic scenarios and help maximize each moment of the camp day.



Helping Hands Programs Offered:

- Summer "Camp" Helping Hands (July/August)
- Winter "Camp" Helping Hands (January)
- After School Helping Hands Maintenance Program (Weekly)