



Intensive  
Therapeutics INC.

A Nonprofit Organization  
www.intensivetherapeutics.org

# 4-Week Intensive, Individual CIMT Program

**An occupational therapy program providing constraint-induced movement therapy (CIMT) for children with upper extremity hemiplegia.**

**PLEASE CONTACT US:  
info@intensivetherapeutics.org**

**973-771-1582**

## 4-Week Intensive Program

Is a new option where your child will receive four weeks of constraint induced movement therapy *individually* with an occupational therapist for 6 hours a day. Your child will wear a non-removable cast for the 1<sup>st</sup> two weeks. The cast will be changed after the 1<sup>st</sup> week. After the completion of the second week, a removable cast will be provided for the third and fourth week.

**When:** This is a 4-week, Monday-Friday, 6 hours a day program. You choose any 4-week period throughout the year from **September-May**.

**Parents are interviewed** prior to the program so we gather up-to-date information about your child's goals. We welcome information from other therapists, schools, doctors, etc. so we can truly work on the goals you want.

Because most of the goals established are **2-handed goals** for example:

- Pulling up socks/pants
- Eating a sandwich
- Buckling a seatbelt
- Carrying a lunch tray
- Catching a ball

We have established a protocol for wearing the cast. The cast will be worn for the full 6 hours per day for the first 2 weeks. Starting with the 3rd week of camp, we "wean" the cast off 1 hour more each day so by the 4th week we are working exclusively with 2 hands. This way

we can actually work on and practice 2-handed skills and the actual goals of each child. We also recommend continuation of therapeutic activities as much as possible throughout the camp.

As occupational therapist's we are aware of **other issues that could impact your child's functional abilities**, such as:

- Visual issues
- Neglect
- Balance
- Gross motor issues
- Posture
- Sensory issues

### Where to stay?

Our Helping Hands house is right next door! 2-bedrooms, each with a full bath. A living room and kitchen with dishwasher and washer/dryer. Front porch and back deck with easy access to our therapy center.

**An occupational therapist will be assigned to work with one family at a time. The therapist assigned will contact the family to obtain goals prior to arriving.**

**Cost of cast:** 3 casts @ \$150.00 each  
**Cost of therapy: \$100/hour x 120 hours = \$12,000.00**

**Cost of residence: please see our Helping Hands House brochure!**