Intensive Therapeutics INC.

A Nonprofit Organization
www.intensivetherapeutics.org

Camp Helping Hands 2017

An occupational therapy program providing constraint-induced movement therapy for children with upper extremity hemiplegia. Now offering speech and PT services too!

EXECUTIVE DIRECTOR
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DATES AND TIMES

June 26th to July 21st
(Holiday: July 4th)
Weekdays Only: 9 AM to 3 PM
OR
July 24th to August 18th
Weekdays Only: 9 AM to 3 PM

Extended Option Available for July-August Camp

CAST FEE:
Small: $150.00 Medium: $175
Large: $200

MANDATORY REGISTRATION
by
May 1st, 2017

LOCATION

Intensive Therapeutics
31 Fairfield Avenue
West Caldwell, NJ 07006

The child's cast must be brought every day. Parents will be expected to provide their child's lunch.

At Camp Helping Hands we have had children with hemiplegia come from around the world for our summer program. We run the program in a group, as a camp, so it can actually be a FUN experience. Kids seeing other kids with similar issues is often a unifying experience and can be more motivating to participate in therapeutic activities than individual therapy experiences. Wearing a **cast for 6 hours** a day isn't a battle because all of the other kids are doing it . . . it is just what you do.

The **program is staffed** as follows:

- Director (OT)
- Occupational Therapists
- Speech Therapist
- Physical Therapist
- Level 2 OT Interns
- Speech student externs
- 1st year OT students
- Volunteers

This level of staffing enables us to have a 2:1 ratio (2 children to each staff person). This ratio also lets us work on the child's *individual* goals within the context of the group. We do **NOT** utilize a cookie cutter approach. Every child's goals are specific to their level of functioning and ability.

New for 2017

We are now providing full-time speech and physical therapy at our new therapy center located in West Caldwell, NJ! This allows us to fully-integrate those services into our traditional Camp Helping Hands (CHH) model, and help maximize camp time to address as many of your child's therapy needs. Our speech and physical therapists will also serve as additional resources for our families during their time at CHH.

In 2017, we will be offering the following program tiers:

- Tier 1: Occupational Therapy
  - Our traditional Camp Helping Hands experience
- Tier 2: Two services
  - OT + Speech

    OR
  - OT + PT
- Tier 3: All 3 therapy services
  - OT+PT+Speech
- Academic instruction will continue to be an "add-in" service of 3 times per week.

Camp Helping Hands uses carefully designed activities to drive therapeutic gains. For parents who choose to combine disciplines, activities specifically designed to integrate 1, 2 or 3 therapy services will be built in to the camp day. The exciting part of this unique integration of OT, PT and speech goals within a single activity allows a child a full-body, "real world" experience. For example, if balloon volleyball is the camp activity, OT, PT and speech goals can all be met through the strategic emphasis and sequencing of jumping, running, hitting a balloon back and forth, as well as verbal communication with peers. Therapists will seamlessly collaborate to create these ideal therapeutic scenarios and help maximize each moment of the camp day.

We will continue to offer **optional** additional services:

- Academic Instruction
- 24/7 Casting Program
- Individual Speech/PT (see below for additional information)

Academic Instruction is provided by Steps to Success Tutors. They use brain-based and hands-on learning strategies to help children maintain and make progress academically.

24/7 Casting Program

Your child will wear a non-removable cast for the 1st two weeks (the cast will be changed after the 1st week). After the completion of the second week, a removable cast will be provided. Your child will participate in all activities of the traditional camp.

Additionally, since Camp Helping Hands occurs in July and August, many parents do not send their child to the extended school year in their school district, and consequently miss out on. We believe this new, close integration of **speech and PT services** will allow our families a more robust program to truly meet ALL IEP goals.

Parent's are interviewed prior to the camp to gather up-to-date information about your child's goals for OT, along with PT and Speech goals, if applicable. We use an assessment tool that helps prioritize the child's goals, helps establish functional goals and truly creates a system for the parent's to be involved in the process. We welcome information from other therapists, schools, doctors, etc. so we can truly work on the goals you want. We will also conduct an interview on the last day to get a parent's perception of how your child did during the camp.

We also have **weekly education sessions** for the parents during the camp, so questions can be answered and information about activities and treatment can be conveyed.

FOR MORE INFORMATION PLEASE CALL

INTENSIVE THERAPEUTICS

973-771-1582

Email:

info@intensivetherapeutics.org

CHOICES OF THERAPY SERVICES

Tier 1: Occupational Therapy
Our standard camp
6 hours per day.
$45 per hour
1st Session (19 days) $5130
2nd Session (20 days) $5400

Tier 2: Two Therapies
OT + PT OR Speech
Base program plus 1 additional discipline. Minimum 5 hours per week of additional discipline within group setting.
$55 per hour
1st Session (19 days) $6270
2nd Session (20 days) $6600

Tier 3: Three Therapies
OT + PT AND Speech
Base program plus PT AND speech. Minimum 5 hours of EACH additional discipline within the group setting.
$65 per hour
1st session (19 days) $7410
2nd session (20 days) $7800

More Options:

Tutor: Academic Instruction for children 3 years and older
3 days/week for 4 weeks
1 hour/day *within* your child's group *during* camp.
Add-On Fee: $480.00

24/7 Program
Child wears a cast 24/7 for the first 2 weeks of camp
(Cast is removed after 1st week, then replaced with new one).
The second 2 weeks continue the same as traditional camp
$5800.00 (3 casts included)

Additional INDIVIDUAL (PT and speech) therapy sessions are available before or after camp.
Limited spots available.
$160 per hour

Mandatory Registration by May 1st

Please complete our new online registration form on the Camp Helping Hands page on our website. You will still need to print out and mail in all consent forms.

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The program can also be **customized** based on your child's **tolerance** to therapy. In other words, if 6 hours a day is too much, we can create a program specifically for you. The cost of the program will be prorated based on:

- $45 an hour for 1 therapy
- $55 an hour for 2 therapies
- $65 an hour for all 3 therapies

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